



ZenQuest Martial Arts

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www.ancientfootprints.com

February 10, 2014

Dear Student and Parent:

Here is your registration packet for the **2014 Tournament!** This annual extravaganza is the biggest children's event put on by ZenQuest. It's a fun way for the students to show their progress to friends and family, and kick their skills up a notch in the process!

In this 24th annual event, students will be able to participate in a wide variety of events appropriate to age and experience. For the youngest students there are "Non-Competitive" events designed to provide participants with a positive introduction to this kind of experience. These include **Demonstration Kata** or forms for ages 8 and under, and **Mato-Waza** or "target-techniques" for ages 6 and under. Instructors are made available to assist these students with their performance, and each child is awarded a medal for their participation. "Competitive" events (for ages 18 and under) include: **Kata** (traditional forms), **Kumite** (Point Sparring), **Creative Kata** (non-traditional forms), **Jiu-jitsu** and, for the first time, **Submission Grappling** ("No-Gi" Jiu-jitsu.) Participation ribbons and trophies for 1st, 2nd, and 3rd place are awarded in each of these divisions. A demonstration event for **Kobudo** (classical weapons) will also be added this year. Food, refreshments, and merchandise will also be available and an exciting martial arts demonstration will be performed after a mid-day intermission!

This tournament places emphasis on healthy competition and sportsmanship. All divisions are formed based on considerations of age, rank, and physical size. This results in students of similar experience and maturity grouped together for each division, creating the fairest situation possible for each participant.

It's all happening on **Saturday, March 22**, with events kicking off at 10:00 am. Once again, the event will be held at the Pittsfield Boys & Girls Club at 16 Melville Street. Registration fees are \$35 for the first event (less than half of similar events) and \$10 for additional events. Spectator tickets are \$4 pre-purchased and \$5 at the door. **Pre-registration** is required by **March 8th** in order to create the best possible divisions of participants. Please be sure your child's registration forms are fully and accurately completed. In particular, please **double-check heights and weights** of all Sparring and Jiu-jitsu participants.

Remember, this is a tremendous learning experience for these students. Each event they participate in helps develop physical and mental skills in the martial arts . . . AND valuable life skills! The experience gained in the tournament also typically helps each student to advance in their abilities and, consequently, in their ranking or belt system, too!

Please call, write, or e-mail (zenquestmac@sprynet.com) if you have any questions. Thank you, we are looking forward to seeing you there and enjoying a great tournament together!

Sincerely,

Senseis Mark and Connie

Tournament 2014

General Information

For the twenty-fourth year ZenQuest Martial Arts (formerly the *Okinawan Karate School of Pittsfield*) will host it's annual Tournament for students aged 18 years and under. Affiliated dojos around the area are also invited to participate. To qualify, participants must be an active student in any invited dojo, aged 3-18, of any rank (including beginners and black belts), provided they have registered by the registration deadline.

Below is a list of events from which participants can select. Each event has qualifying ages and based on registrations received, designated divisions. Specific divisions will be announced in the tournament program on the day of the tournament. Divisions are determined by rank, age, experience . . . and height & weight for the sparring and jiu-jitsu events. For the competitive events, trophies will be awarded for first and second places in each division, and medals for third place. Ribbons will be presented to all participants in each event. Participants in the non-competitive events (Kobudo, Demonstration Kata and Pre-Kata) will all receive medals.

Entry fees are \$35 for one event and \$10 for each additional event. Students are encouraged to do as many events as possible to maximize their experience! Spectator fees cost \$4 in advance and \$5 at the door on the day of the event.

START TIME: 10:00 am, doors open at 9:15 (Late arrivals must forfeit.)

PLACE: Pittsfield Boys' and Girls' Club, 16 Melville Street, Pittsfield, MA 01201

Demonstration Events:

- ⇒ **PRE-KATA or MATO WAZA:** A non-competitive kicking shield event for ages 3-6
- ⇒ **DEMONSTRATION KATA:** A non-competitive event for ages age 5-8
- ⇒ **KOBUDO:** A demonstration event for youth students who practice Kobudo or Classical Weapons

Competitive Events: (ages 6 to 18)*

- ⇒ **KATA:** Individuals perform traditional kata in a competitive format.
- ⇒ **TEAM KATA:** Two partners perform traditional kata in a competitive format. Teams are judged partly on their synchronization skills. Each competitor must identify their partner on their entry form.
- ⇒ **CREATIVE KATA:** Individuals create and perform their own kata (30 to 60 Seconds long.) Scoring is based partly on creativity and composition.
- ⇒ **TEAM CREATIVE KATA:** Partners create and perform their own kata (30 to 60 Seconds long.) Teams are judged partly on synchronization skills, creativity and kata composition. Each competitor must identify their partner on their entry form.
- ⇒ **SPARRING/ KUMITE:** Individuals compete in freestyle sparring or *Kumite* with controlled contact in a single-elimination format. Competitors are required to wear approved protective equipment.
- ⇒ **JIU-JITSU (Gi & No-Gi divisions):** Participants compete in freestyle grappling in a single elimination format. Scoring is based on take-downs, positioning and controlled submissions (for older divisions). Competitors are required to wear a cup & mouth piece.

* Students are grouped based on age, experience, and size.

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DIRECTIONS

TO THE BOYS' AND GIRLS' CLUB
16 MELVILLE STREET,
PITTSFIELD, MA 01201

From East (via Turnpike):

- Take the Massachusetts Turnpike (Rte 90) west to Exit 2 (Lee).
- Drive north on Rte 7 & 20 through Lee, past Lenox, and into Pittsfield.
- Stay on Rte 7 into central Pittsfield (Rte 20 diverges to the west; Rte 7 is also called South Street). Continue onto North Street (the continuation of South Street, past Park Square).
- Turn right on Melville Street (a one-way street), four blocks past Park Square. The Boys' and Girls' Club is on the right; the parking lot is on the left.
- Tournament will be held in the gym.

From East (via Rte 9):

- Follow Rte 9 into central Pittsfield. This takes you along Dalton Ave, onto Tyler Street.
- At the end of Tyler Street, Rte 9 turns left, merging with Rte 7 (North Street). Follow this.
- Continue south on North Street (also Rte 9 and 7) about four blocks. Turn left on Melville Street (a one-way street). The Boys' and Girls' Club is on the right; the parking lot is on the left.
- Tournament will be held in the gym.

From West:

- Follow Rte 20 east into Pittsfield to junction with Rte 7.
- Turn north on Rte 7 (South Street). Follow directions above.

NOTES ON PARKING:

- Some parking will be available in the Boys' and Girls' Club lot opposite the entrance on Melville Street. DO NOT park in the senior center portion of the lot – you will be towed.
- Additional free parking is available in the Summer Street Municipal Parking Garage. The garage entrance is on Columbus Avenue, on the west side of North Street, just south of the entrance to Melville Street.

Tournament 2014

ZenQuest Martial Arts Center

REGISTRATION FORM

PARTICIPANT NAME: _____ M () F ()

AGE ON 3/22/14: _____ yrs. _____ mos. RANK: karate _____ jiu-jitsu _____

DATE BEGAN STUDY: karate ____ / ____ / ____ jiu-jitsu ____ / ____ / ____

PHONE #: _____ DOJO: _____

CIRCLE DIVISION(S) ENTERED:

- 1) PRE-KATA (ages 3-6)
- 2) DEMONSTRATION KATA (ages 5-8)
- 3) KATA (ages 6-18)
- 4) CREATIVE KATA (ages 6-18)
- 5) TEAM KATA (ages 6-18) Partner's Name (Required): _____ .
- 6) CREATIVE TEAM KATA (ages 6-18) Partner's Name (Required): _____ .
- 7) KOBUDO (ages 6-18)
- 8) KUMITE/ SPARRING (ages 6-18) Height: _____ Weight: _____. (Required)
- 9) GI JIU-JITSU (ages 6-18) Height: _____ Weight: _____. (Required)
- 10) NO GI JIU-JITSU (ages 6-18) Height: _____ Weight: _____. (Required)

AMOUNT ENCLOSED: \$ _____ PAYMENT METHOD: _____
(\$35 for 1 event; \$10 for each additional event, maximum of 10 events)

RELEASE: I understand that this activity can present inherent risk to the participants and hereby release the ZenQuest Martial Arts Center, its agents and officials, from liability or responsibility in the event of injury.

(Parent's/Guardian's Signature)

(date)

Registration DEADLINE is Saturday, March 8th
All registration forms and fees are due at this time, please plan accordingly!

Please send completed form with entry fees to the ZenQuest Martial Arts Center, 55 Pittsfield Road, Building #10, Lenox, MA 01240, by **Saturday, March 8**. Make checks payable to the "ZenQuest MAC." **Please note that there are no tournament refunds.**